

## SCHOOL PROGRAMMES

學校課程





OUR GOAL
for children to
experience
education outside
the classroom,
to explore and
build their
effective skills.

目標語說課時內育人民。



Reflection & Resilience 自省能力及適應能力



Creativity 發揮創意

Organisation 組織能力



Risk-taking and Perseverance 敢於冒險及堅毅不屈



Creative thinking 創意性思維

Collaboration & Team building 群體合作及團體精神



## Autonomy 自 主 性



譲我們為您 貼心設計適合的課程

# Can offer schools and students with various choices 我們提供學校及學生不同的選擇 99

CAS 創造力、 行動和服務 S&A 服務 及行動

Team Building 建立團隊精神 Activity weeks 奇趣活動週



## Option/ include 選擇包括



#### Sailing 航海

Learn to sail a dinghy and work towards level 1&2 certification 學習如何操作小艇及考獲一級及二級航海課程



#### Service 服務社會

Team beach clean ups in Sai Kung 團隊於西貢沙灘清潔

02



#### Multi-activity 多元化活動

We can offer swimming, snorkelling, kayaking & SUP

游泳、浮潛、 獨木舟及直立板



#### Menu design 餐譜設計

Work with our restaurant to design and cook lunch 與餐飲部合作一齊 設計餐單及烹調

03



#### Team sailing 團隊航海

In teams of 5, work together to sail a J/80 boat

以5人為一隊, 合作操作一艘龍骨船



#### Maintenance 維修

Learn to look after and service a boat and outboard engine 學習如何處理船隻及 船外引擎

# KEY CONTACTS

主要聯絡



Sailing Centre sailtraining@hhyc.org.hk

2719 0926



PR & Marketing Department events\_mgr@hhyc.org.hk 2719 7911

### **Testimonial**

### 感言

ICHK Hong Lok Yuen Primary School thoroughly enjoys going to Hebe Haven for sailing due to the multitude of enriching experiences it offers. Sailing at Hebe Haven allows the students to develop a deep appreciation for the beauty of nature as they navigate the sparkling waters and feel the refreshing breeze on their faces. The hands-on nature of sailing fosters teamwork, communication, and problem-solving skills, as students learn to work together to navigate the boat and overcome challenges. Moreover, the sense of adventure and excitement that comes with sailing at Hebe Haven creates lasting memories and instils a love for exploration and outdoor activities in the students, encouraging a well-rounded and active lifestyle.

康樂園國際學校的學生非常享受參與白沙灣遊艇會的航海課程,全因課程提供了豐富及多多多彩的體驗。會所的航海課程讓學生們在波光閃耀的海域上航行並感受清爽的微風拂面,加強了他們對大自然的欣賞。帆船運動的實踐培養了團隊合作、溝通和解決問題的能力,學生學會共同駕駛船隻並克服挑戰。此外,白沙灣遊艇會的航海課程帶來剌激及趣味性的體驗,為學生創造了持久的回憶,並灌輸了對探索和戶外活動的熱愛,鼓勵了全面、積極的生活方式。

#### Jake Newbery

Outdoor Learning Assistant ICHK 戶外學習助手 康樂園國際學校